

Eisenhower Cross Country Boosters present the 50th Annual:

2023 SUNFAIR INVITATIONAL
CROSS COUNTRY MEET

Saturday, September 30th - Franklin Park - Yakima, WA

Schedule

<u>Time</u>	<u>Event</u>	<u>Distance</u>
9:00 am	3rd-6th Grade Girls	1.0 mile
9:15 am	3rd-6th Grade Boys	1.0 mile
9:30 am	7th-8th Grade Girls	1.5 miles
9:45 am	7th-8th Grade Boys	1.5 miles
10:00 am	Frosh Girls (9 th Grade)	2.0 miles
10:30 am	Frosh Boys (9 th Grade)	2.0 miles
11:00 am	Junior Varsity Girls	3.0 miles
11:45 am	Junior Varsity Boys	3.0 miles
12:15 pm	VARSITY Flights 1 and 2 - Boys and Girls Combined	3.0 miles
1:00 pm	VARSITY Flights 3 and 4 - Boys and Girls Combined	3.0 miles
1:45 pm	VARSITY Flights 5 and 6 - Boys and Girls Combined	3.0 miles
2:30 pm	Boys VARSITY Flight 7 (#1 runner)	3.0 miles
3:00 pm	Girls VARSITY Flight 7 (#1 runner)	3.0 miles
3:45 pm	Awards Ceremony on the NW Terraces	

Individual Awards:

- Medals to winners and for places 1-5 in every race and in each Varsity flight.
- Ribbons for places 1-50 in each non-Varsity race.

Team Awards:

- Boys & Girls Trophies to 1st, 2nd, & 3rd in combined classification.
- Overall trophy to the top Boys & Girls combined school (for the 7 Varsity Flights).

Please be considerate of current COVID-19 Health and Safety Guidelines!

Results will be posted on [Athletic.net](https://athletic.net) immediately after the race.

Rev 9-25-2023