

2011 Washington State Cross Country Coaches Poll # 3,
Week of Sept. 19

Rank	Boys 4A
1	Eisenhower
2	Henry Jackson
3	Wenatchee
4	Gig Harbor
5	Lewis & Clark
6	Ferris
7	Auburn Riverside
8	Puyallup
9	Mead
10	Lake Stevens
Others Bellarmine Prep, Redmond & Garfield	

Rank	Girls 4A
1	Bellarmine Prep
2	Eisenhower
3	Tahoma
4	Snohomish
5	Lewis & Clark
6	Eastlake
7	Redmond
8	Henry Jackson
9	Auburn Riverside
10	Central Valley
Others Wenatchee, Skyline & Richland	

Rank	Boys 3A
1	North Central
2	Kamiakin
3	Bellevue
4	Seattle Prep
5	University
6	Mt. Spokane
7	Nathan Hale
8	Lakes
9	Peninsula
10	Shadle Park
Others Bishop Blanchet, Camas & Hazen	

Rank	Girls 3A
1	Glacier Peak
2	Shadle Park
3	Kamiakin
4	Peninsula
5	Lakeside
6	Mt. Spokane
7	Prairie
8	Enumclaw
9	Camas
10	Columbia River
Others Bainbridge, Seattle Prep & Capital	

Rank	Boys 2A
1	Lindberg
2	Sehome
3	Squalicum
4	Cedarcrest
5	Renton
6	Deer Park
7	Ellensburg
8	Bellingham
9	Selah
10	White River
Others Lakewood & North Kitsap	

Rank	Girls 2A
1	Sehome
2	Interlake
3	Cheney
4	North Kitsap
5	Bellingham
6	Burlington-Edison
7	Lindbergh
8	Cedarcrest
9	Lakewood
10	Kingston
Others Hockinson, Ellensburg & Ephrata	

Rank	Boys 1A
1	Charles Wright Academy
2	King's
3	Colville
4	Lakeside
5	La Center
6	Lynden Christian
7	Cashmere
8	Montesano
9	Onalaska
10	Royal
Others Meridian, Toledo & Port Townsend	

Rank	Girls 1A
1	Riverside
2	King's
3	Lakeside (Nine Mile Falls)
4	Cedar Park Christian
5	Bellevue Christian
6	Montesano
7	Highland
8	Bush
9	La Center
10	University Prep
Others Omak, Cle Elum/Roslyn & Zillah	

Rank	Boys 1B/2B
1	Tri-Cities Prep
2	NW Christian-Lacey
3	Republic
4	Davenport
5	St. George's
6	NW Christian-Colbert
7	Crosspoint Academy
8	Mosseyrock
9	Waitsburg-Prescott
10	Mt. Rainier Lutheran
Others Bear Creek, Riverside Christian & White Pass	

Rank	Girls 1B/2B
1	Northwest Christian-Lacey
2	Northwest Christian-Colbert
3	White Pass
4	Oroville
5	St. George's
Others Asotin, Bear Creek & Ocosta	

For further information contact Phil English at the following location:

Email: englishp@wolfenet.com